

August

☀ SUN BELT MARTIAL ARTS ☀

<i>Weekly Featured Topics</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Standing Kicks/ Flying Kicks (B)		1	2 <u>Bring A Friend</u>	3 *Chris Dent *Robert Vaughan	4 Avenues Mall Booth *Kimberly Gillick	5 No Classes Avenues Mall Booth
Step Sparring/ Multiple Kicking (C) Avenues Mall Booth	7	8 <u>Bring A Friend</u>	9	10 <u>Bring A Friend</u>	11	12 No Classes
Ho Sin Sul Breaking (D) *Stephen McEntyre	14 *Maria Velasquez *Sean Allgaier	15 *Rebecca Estner *Haylee Schraff	16	17	18 <u>Bring A Friend</u>	19 Classes Available 9am-11am
Patterns Sparring (E)	21 *Adam Lucas	22 <u>Bring A Friend</u>	23	24 *Caleb Mele *Bradley Mele	25 Gup Test Kids Start @5:30	26 No Classes *Barbara Gillick *Nicholas Wiseman
Fun Week (F) *Sam Johnson *Jack Davis	28 <u>Bring A Friend</u>	29 *Johnny Dister	30 *Taliyah Anderson	31		

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