

# October

# 2007

## ☀ SUN BELT MARTIAL ARTS ☀

| <i>Weekly Featured Topics</i>  | <i>Mon</i>   | <i>Tue</i>   | <i>Wed</i>                                    | <i>Thu</i>  | <i>Fri</i>  | <i>Sat</i>                     |
|--|--|--|---|---|---|--------------------------------|
| <b>Ho Sin Sul Breaking</b><br>(D)  | <b>1</b><br><u>Bring A Friend</u><br>*Jagger Leach | <b>2</b><br>*James Mott  | <b>3</b><br>*Tyler Dugger                     | <b>4</b><br>*Timothy Trantham                       | <b>5</b>  | <b>6</b><br><b>No Classes</b>  |
| <b>Patterns Sparring</b><br>(E)<br>*Alexander Kalil                                  | <b>8</b>   | <b>9</b><br><u>Bring A Friend</u><br>*Logan Rose               | <b>10</b><br>*Abigail Price<br>*Mateo Seslija | <b>11</b>   | <b>12</b>   | <b>13</b><br><b>No Classes</b> |
| <b>Fun Week</b><br>(F)   | <b>15</b>  | <b>16</b><br>*Sydney Leach                                     | <b>17</b><br><u>Bring A Friend</u>            | <b>18</b>   | <b>19</b>   | <b>20</b><br><b>No Classes</b> |
| <b>New Hands Patterns</b><br>(A)<br>*Jake Denson                                     | <b>22</b>  | <b>23</b><br>*Alex Bryant                                      | <b>24</b>                                     | <b>25</b><br><u>Bring A Friend</u><br>*Daniel Josol | <b>26 Team Sparring Tournament</b><br><b>6-8pm</b><br>*Kai Cummings | <b>27</b><br><b>No Classes</b> |
| <b>Standing Kicks/<br/>Flying Kicks</b><br>(B)<br>*Chris Holifield<br>*Hunter Dugger | <b>29</b><br>*Elizabeth Wiseman                    | <b>30 No Classes<br/>Halloween Party</b><br><b>6:30-8:00pm</b> | <b>31</b><br>*Kristin Rhodus                  |   |   |                                |